

Hints on Crossing the Bar

- 1. If the RED BALL is flying stay at home.
- Wear a life jacket AT ALL TIMES.
- Use sufficient speed to cross waves.
- 4. NEVER turn on the bar. Avoid broaching. Do not power through them.
- Give way to vessels committed to the bar.
- 6. TAKE YOUR TIME and study the sea pattern. Pick the smallest waves to cross on.
- 7. When entering, always stay on the back of the wave selected. NEVER climb on top or surf on the face of a
- Use the guide markers at all times.
 Tell someone where you are going and what time you intend on returning.
- 10. HAVE YOU FILLED IN A TWO MINUTE FORM?